

# Seniors Eating Well Snippets in Canterbury

## Resources order form

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Sue Burgess, Resources Co-ordinator

Community and Public Health

PO Box 1475, CHRISTCHURCH

Phone 03 378 6721

Fax 03 379 6125

[sue.burgess@cdhb.health.nz](mailto:sue.burgess@cdhb.health.nz)

Leaflet Title	Code	Quantity Ordered
Are You Drinking Enough?	NUT0129	
How to eat More Vegetables and Fruit	NUT0138	
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Tips to Gain Weight	NUT0134	



NUT0129



NUT0131



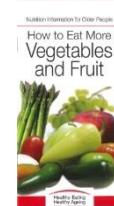
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NUT0134



NUT0138

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