

Be Active

HEALTHY LIFESTYLE PROGRAMME



TERM ONE 2021

8 WEEK PROGRAMME

Aranui / Wainoni Centre

31 Hampshire Street

Starting Monday 1 Feb

1 - 2.30pm

Pioneer Recreation Centre

75 Lyttelton Street

Starting Tuesday 2 Feb

10.30 - 12pm

On-line Be Active

In your living room

Starting Monday 1 Feb

\$3 per session

REGISTER NOW
0800 BE ACTIVE

www.sportcanterbury.org.nz/beactive

